

You Can't Stand Up for Change While Sitting on Your Butt!

The Hard Work Required for a Better Future

Developed and Presented by Jeff Joiner

5 Ways to Stand Up for Change

1) Embrace Change

The world is changing at an astounding rate. The sooner you accept that change is happening and will happen, the better off you will be.

2) Adapt to Change

Learning to adapt quickly to change is a valuable skill. Some keys to adapting:

- > Focus on Things You Can Control
- > Keep the Main Thing the Main Thing
- > Lighten Up

3) Drive Change

It's not enough to adapt to change. If you want to lead, you have to be able to drive change into your organization. Keys to driving change include:

- > Cast a Vision
- > Set Clear Direction
- > Reinforce Positive Behavior

4) Change Yourself

There is nothing you have more control over than your own attitude and actions. What is your plan for continual personal improvement?

5) Change the Future

In School Nutrition, we are feeding the future. Get excited about the role you plan changing the future by investing energy into nourishing kids.

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